

Interclub Programme 1

approximate times 6.00pm 6.30pm 7.00pm 7.30pm

7 B	D	100	LJ	60	1500M Relays
7 G	LJ	100	D	60	
8 B	D	100	LJ	60	
8 G	LJ	100	D	60	
9 B	D	100	LJ	60	
9 G	LJ	100	D	60	
14 B	100	D	400	LJ	
14 G	100	LJ	400	D	
Men U18, U20, Snr	100	D	400	LJ	
Women U18, U20, Snr	100	LJ	400	D	
10 B	100	HJ	400	SP	
10 G	100	SP	400	HJ	
11 B	100	HJ	400	SP	
11 G	100	SP	400	HJ	
12 B	100	HJ	400	SP	
12 G	100	SP	400	HJ	
13 B	100	HJ	400	SP	
13 G	100	SP	400	HJ	