Weekly Update #2

Hi All

Our season is now underway with our training on Wednesdays and Competitions on Saturday.

**Saturday 29th October**

This weekend Saturday 19th is a competition/coaching day. We will be recording times and distance but no points. Our club officials and coaches will be on hand to assist.  The programme this week is Programme 1 <http://www.scathleticsclub.co.nz/uploads/1/9/9/9/19999355/programme_1___2_2017-2018.pdf>

**Parent Help**

Parent Help is essential and important in the successful running of our Club Saturdays and Wednesdays. The parent help roster for this weekend and next is attached. If your name is not on it but you are able to help, please let us know. A parent roster for the season will be sent out in the coming weeks. If you know of weekends you are not available please let Penny know.

**Cancellations**

Cancellations will be notified via our Facebook page.  It has to be Very bad weather before we cancel.

**Registrations**

You can register via the link on the website  [http://www.scathleticsclub.co.nz/](http://www.scathleticsclub.co.nz/" \t "_blank)

**Uniforms/Hoodies**

These can be ordered at the time of registration or by clicking - [click here](https://scathleticsshop.shopdesq.com/search?search=)

Penny will be at the track on Saturday  for you to try on Singlets. Please be there by 1pm to do this.

**Other Users of the track**

Please note that any other group hiring the facility at any time have right of sole access for the time of their hire, and South Canterbury club members should not be on the facility during these times. The Country Clubs group has sole right of access on a Thursday from 3pm onwards for the rest of the day

See you Saturday

Grant, Penny, Jenny, Jan, Tom, John

PS if you you know someone is not receiving these emails please let us know