

Hi all

It is hard to believe we are nearly half way through December. Father Christmas will be coming down our chimneys soon.

Congratulations to our athletes who competed at National Secondary champs at the weekend (and thank you to our intrepid officials who officiated in all weathers and got stranded in CHCH due to the road closures)

Results –

George Guerin Gold 2000m steeplechase, 5th 800m

Emma Becroft silver 80m hurdles

Tillie Holyer – Silver 1500m & Bronze in 800m

Craighead – bronze 4x400m relay

Nora Quigley 9th Hammer

Jessica Vogel 9th 400m

Quinn Motely 9th Discus

Liam Johnston 10th Discus

Notes for this week

- Please check the roster of parent helpers - we cannot run an athletic event without your help and we don't want to remove events if we don't have enough parents. <http://www.scathleticsclub.co.nz/parents-info.html>
- **Saturday 14th** - It is Programme 2 this week and we will be contesting the long jump, 100 & 400m cups for both Males & Females
- **Saturday 21st** -the programme is the decathlon plus we will be contesting the 3000m female trophy and the 5000m cups for males. The time of these events will be sent out in next weeks update.
- Information on the Lovelock Classic is on our website with children competing in the morning and seniors in the afternoon (seniors must register).
- This Friday is Sub Centre Interclub meeting held at the Track.
- Information and dates to pick up jackets for Colgates will be sent out next week.

STAR award

Congratulations to Kurt who selected Heartland chips vouchers. This weeks STAR's are Brae O'Keeffe and Lachlan List. Come on Saturday and pick your prize.

See you Saturday

Grant and Co