**Subject:** **Newsletter #3**

Hi All

Another busy (but exciting) week for athletics

Our Club won the Arthur Cup in Ashburton – Well done to all our athletes who competed. Great to see the cup back in our trophy cabinet. A prple and blue jacket was left at Shotput. If this is yours please let us know.

**STAR award (Sportsmanship,** Trying hard, Attitude & Respect)

This started last week and inaugural winners were Monica McDonald & Tom Coupland  (please come along to pick you prize from our prize bag on Saturday).  We had lots of nominations from parents which is great to see. Will it be YOU this week?

We have received lots of prizes from local businesses (The Frontrunner, McCain’s, Flipout, Cbay, Tekapo Springs, Hells Pizza, Burger Fuel, Robert Harris café, Replenish café, The Village café, Pics Peanut Butter (Tom Walsh’s favourite), XCM, Bernie’s Bakery, Rider HQ, Purple Lizard, and Zest). So a BIG thank you to them. You will see them listed on our sponsor’s page.

Our grand prize is a Bouncy Castel hire from Event Hire. All weekly winners will be entered into the grand prize draw

**Registrations & Casual**

Registrations were due last week and casual fees will be charged from Saturday 12th Nov (unless you are still having you free couple of weeks) If you have lost the link <https://memberdesq.onesporttechnology.com/3206>. If you are having any problems please email the club or message us on Facebook.

**Friday interclub**

The second Friday night competition is this Friday 11th November. 5.30pm start. This time is is programme 2. Remember you need to be registered to qualify for points and be wearing your uniform and age patch. More information is on our website <http://www.scathleticsclub.co.nz/other-competitions.html>

**Colgate Games**

These are to be held in Dunedin 11th-13th January 2019. Entry forms and information are available <http://nzchildrensathletics.co.nz/index.cfm?fuseaction=Display_Page&PageID=10240&OrgID=24809>. The entry form is the ‘Club only use entry form.’ Please complete and bring along to the track. Remember to include passes and programmes.

Entry fees can be paid to our club bank account 03 0887 0242990 00 (Family name & Colgate as reference)

**Run Jump Throw Training**

We now have some new RJT facilitators that will be helping out on a Wednesday. We do need other parent help so please don’t be shy, just come out and do what we tell our children to do ‘Give it a GO’.

Great to see lots of new faces joining our club. If you have any friends who might be interested, bring them along and have a go.

See you Saturday

Grant and his (generally) willing helpers